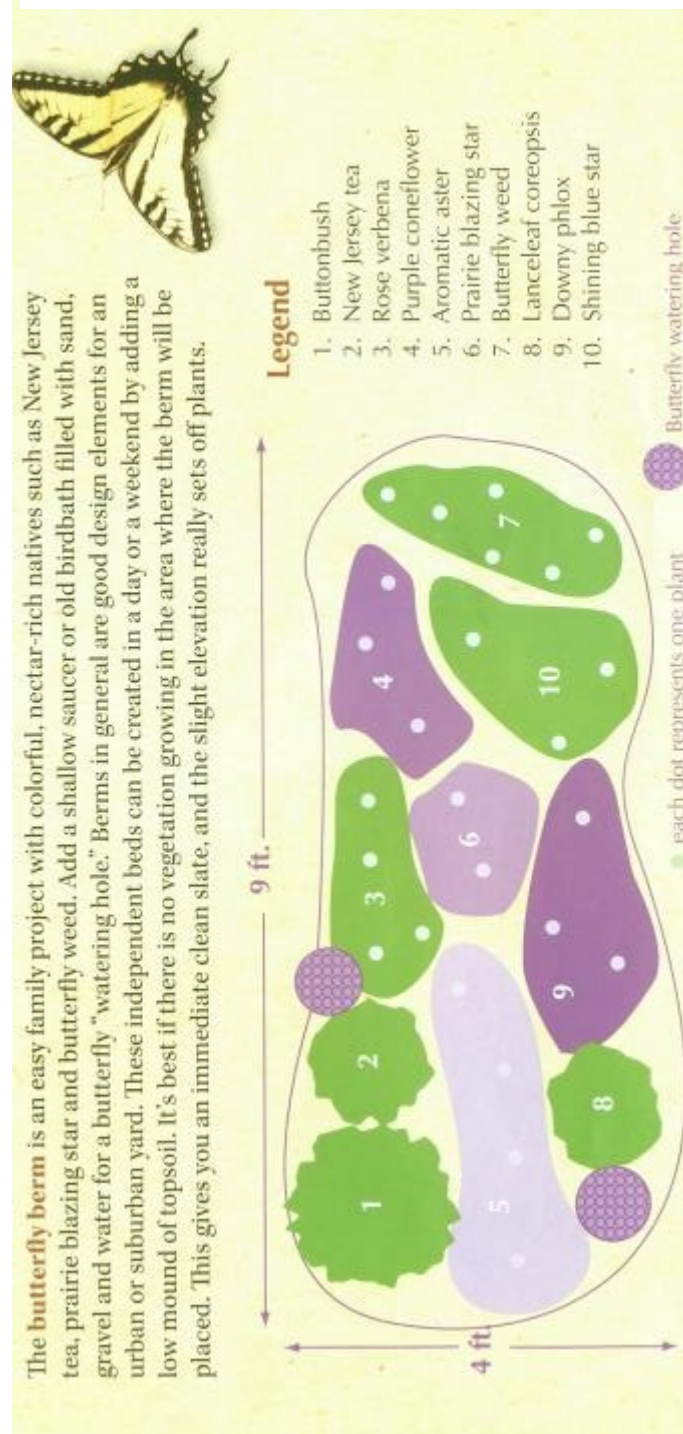


Recommended Caterpillar Food

Butterfly species	Native host plant(s)
American painted lady	Pussytoes
Black or parsnip swallowtail	Golden Alexanders Yellow pimpernel Wild or garden parsnips
Buckeye	Plantains False foxgloves
Cloudless sulphur	Partridge pea Sennas
Dogface sulphur	False indigo Lead plant Prairie clovers
Giant swallowtail	Hoptree Prickly-ash
Great spangled fritillary	Blue violet Other forest violet species
Hackberry butterfly	Hackberry tree Sugarberry tree
Monarch or milkweed butterfly	Butterfly milkweed Common milkweed All other species of milkweed
Olive hairstreak	Eastern red cedar
Pipevine swallowtail	Pipevine Virginia snakeroot
Red-spotted purple	Willows Wild cherries Wild crabapples
Regal fritillary	Bird's-foot violet Other prairie violet species
Spicebush swallowtail	Spicebush Sassafras
Tiger swallowtail	Hop tree Prickly-ash
Viceroy	Willows Wild cherries
Zebra swallowtail	Pawpaw

This design taken from : **Butterfly Gardening & Conservation** published by the Missouri Dept of Conservation 1990,2005



The **butterfly berm** is an easy family project with colorful, nectar-rich natives such as New Jersey tea, prairie blazing star and butterfly weed. Add a shallow saucer or old birdbath filled with sand, gravel and water for a butterfly "watering hole." Berms in general are good design elements for an urban or suburban yard. These independent beds can be created in a day or a weekend by adding a low mound of topsoil. It's best if there is no vegetation growing in the area where the berm will be placed. This gives you an immediate clean slate, and the slight elevation really sets off plants.

Your Butterfly Garden!



*Recommended
Nectar Sources
&
Host Plants
for
Butterflies!*



Photos by Tammy Simmons

Butterfly Nectar Sources



Above: Red Admiral photo by Tammy Simmons

River Bluffs Audubon Society

The River Bluffs Audubon Society Chapter maintains a community Butterfly Garden located on West Edgewood in Jefferson City, Missouri. **Betty Richey and Linda Vogt are the managers of this garden** which features Missouri Native plants to attract butterflies, as well as "host" plants. River Bluffs Audubon chapter is a terrific place to learn more about butterflies and of course birds and other wildlife . Join them on one of their many great birding field trips! Visit their website:

<http://rbas.missouri.org>

pick up a membership form to RBAS at Birds-I-View in Jefferson City 573-638-2473 or at the Runge Conservation Nature Center in Jefferson City, MO.

Native wildflowers (generally 20-30" tall)

Black-eyed Susan	May-July
Butterfly milkweed <i>orange milkweed</i>	May-July
Cardinal flower	July-October
Indian paintbrush	April-July
Lanceleaf coreopsis	April-June
Ohio horsemint <i>pagoda plant</i>	May-August
Pale purple coneflower	May-July
Purple milkweed	May-July
Purple or white prairie clover	June-September
Rose verbena	March-November
Shining blue star <i>prefers moist site</i>	April-May

Native wildflowers (generally 30-50" tall)

Culver's root	June-July
Eastern blazing star	August-September
Garden phlox	July-August
Marsh milkweed <i>prefers moist site</i>	Aug.-Sept.
New England aster	September-October
Prairie blazing star	July-August
Purple coneflower	June-August
Rattlesnake master	July-August
Yellow coneflower	June



Information in this brochure taken from: **Butterfly Gardening & Conservation** published by the Missouri Dept of Conservation 1990, 2005

Butterfly Nectar Sources

Native shrubs and small trees

Buttonbush	June-August
Eastern redbud	March-May
Fragrant sumac	March-April
Lead plant	June
<i>may die back to ground in winter</i>	
New Jersey tea	May-June
Ninebark	May-June
Spicebush	February-March
Wild hydrangea	May-July
Wild plum	March-May

Valuable Resources:

- **Your local Audubon Chapter; River Bluffs Audubon Society**
<http://rbas.missouri.org>
- **Butterfly Gardening & Conservation** from the Missouri Department of Conservation
- **www.grownative.org**
- **Native Plants source: Missouri Wildflowers Nursery**
Jefferson City, Missouri
573-496-3492

Brochure designed and printed by :
Birds-I-View Jefferson City, MO
573-638-BIRD(2473)
www.birds-i-view.biz