

35th Annual

March 7 & 8, 2025

Midwestern Herb and Garden Show

at Times Square Mall



Keynote Speakers



1 p.m. Friday

*Creating a Backyard Habitat for
Wildlife*

Steve and Regina Garr,

Birds-i-View

11 a.m. Saturday

*A Variety of Ways to Use the Bounty of
Your Garden*

Chef Jeff Fairbanks,

Rend Lake College

Schedule

Friday March 8

10 a.m. ~ OPEN

11a.m. ~ Growing Fruit Trees in your Back Yard

Bronwyn Aly Food Systems and Small Fruit Educator for the University of Illinois

Great way to add shade and provide edible Landscape. What varieties to choose, how to prune, disease management and rootstock availability. Presented by Bronwyn Aly a Local Food Systems and Small Fruit Educator for the University of Illinois.



12:00 p.m. ~ Winter Sowing

Presented by Christina Lueking is an Agriculture and Natural Resource Educator specializing in Horticulture serving Bond, Clinton, Jefferson, Marion



An easy, Low Cost technique for Starting Seeds in Recycled Milk Jugs. Seeds started out doors in jugs or containers in the winter. Lueking will discuss how many native perennials require stratification. Step by step guide.

1p.m. ~ Creating a Backyard Habitat for Wildlife

Presented by Steve or Regina Garr from Birds-i-view, owner of bird and nature store. Presenter of many programs in all aspects of creating a backyard for wildlife.

Focus on Complimentary aspects of plants, insects, birds and other wildlife, feature fundamentals of building a habitat that attracts "year-round residents" birds AND migratory birds looking for "stop-over" habitat.

2 p.m. ~ Top 10 Herbs for Health

Presented by Mike King owner and President of Mari-Mann Herbs, educator, chemist. Your body was designed to heal itself when given proper care. What we do is educate and make sure customers get the latest information.



3 p.m. ~ How Goat Milk Skincare is Beneficial for you and your Skin.

Presented by Brooke Anderson owner Windy Wild Onion Acres LLC. It is used to treat a wide variety of skin alignments such as: psoriasis, rosacea skin rashes & more. Over 30 products.



4 p.m. ~ The World of Gourds

Presented by Paul Sr. and Karen Wilson

Discuss history, uses, growing and types you can grow. Paul Sr. and Karen Wilson have been working with gourds since 2002 in Kell, IL



Saturday, March 9

10 a.m. ~ Orioles Spring AND Summer

Do we have Orioles here?? YES!!! Come learn about these gorgeous that are more prevalent than you might expect. Focus on Baltimore and Orchard Orioles, which nest east of the Rockies before returning to wintering grounds in Central & South America. Beautiful songs and vibrant plumage, favorite backyard bird for a good reason. Steve and Regina Garr, Owners of Birds-I-View wild bird and nature store, spending many years helping others enjoy and learn more about the Native Wild Birds.

11 a.m. ~ A Variety of Ways to Use the Bounty of Your Garden, Cooking with herbs Explore the many ways to use Herbs to liven up your cooking. Chef Jeff Fairbanks: A Southern Illinois native who enjoys cooking and Gardening. Culinary instructor at Rend Lake College.

1 Pm Photographing Birds and other Wildlife

Her photos grace a recent published book "Bubbles of Emotion". Larita Nance is an award winning wildlife Photographer whose signature style, composition and unique attention to detail has won her praise from her peers.



2 p.m. ~ Hiking with Shawn

– Springtime in the Shawnee National Forest. Learn how to gear up and enjoy springtime hike through the Shawnee Forest and where to go for wildflowers, mushrooms and scenic views. Designed for beginners and those already hiking, but would like to know more about trail in the Shawnee National Forest. Shawn



Gossman (aka: hiking with Shawn) an outdoor enthusiast on a mission to promote Southern Illinois through outdoor recreation activities.

3 p.m. ~ How to kill Your Tree: A guide of what NOT to do. Sometimes, a trees biggest pest is the homeowner. This presentation discusses common mistakes homeowners make when planting and maintaining this most valuable landscape investment: their trees and shrubs. Show some pruning tis for shrubs like Ninebark and Hydrangeas/. Christina Lueking: Agriculture and Natural Recourses Extension Educator. Specialty in Horticulture.

Vendors

Abby's Spare Time

Abby Newell
Waltonville, IL
618-231-5489

Anchor Garden & Rental

Jessica Priddy
Mt. Vernon, IL
618-244-0884

Artisan Homestead

Jerrilee Lamar
Poseyville, IL
812-453-0395

Auxier Creek Forge

John & Beth Lovin
Belle Rive, IL
618-973-0278

Bernard Family Farm

Elizabeth Bernard
Bonnie, IL
618-231-6007

Birds-I-View

Steve & Regina Garr
Jefferson City, MO
573-638-2473

Blackberry Hollow Farm

Justin Stevens
Bonnie, IL
618-201-3653

Bullard's Landscaping & Nursery

Jonathan & Lisa Bullard
Flora, IL
618-922-8284

CBDWellness Center

Rachel Phelps
Mt. Vernon, IL
618-316-7010

Dayempur Herbals

Terry Hickey
Carbondale, IL
618-713-5996

Debbie Wilson

Mt Vernon, IL
618-214-2740

Deb B Does Design

Debbie S. Borries
Effingham, IL
217-343-3835

The Garden Charmer

Donna Langa
Mt. Vernon, IL
618-231-7582

Ellens Herbal Tea

Ellen Graham
Macedonia, IL
618-302-7183

Fantasy Frogs

Shane Gould
Carbondale, IL

Goshen Trail Poly Furniture

Mahlon Mast
Belle Rive, IL
618-246-2964

Haley Shelton

Bluford, IL

Hembeez Honey

Crystal Hemby
Mt. Vernon, IL
618-244-2772

Lather Be Elsewhere

Tracy Whitener
Opdyke, IL
618-231-7178

Master Gardeners and Master Naturalists - U of I Extension

Chris Lueking
Salem, IL
618-242-0780

Natural Via

Paula Tripp
Marion, IL
618-559-9242

New Creation Inc

David & Judy Mason
Texico, IL
618-755-4454

Northeast Trading Co

Angie Wilson
Dix, IL
618-731-2399

O & S Tack Shop

Omer Hostetler
Opdyke, IL
618-732-8341

Original Handcrafted Jewelry & Gourd Art

Nina Peacock
Mt. Vernon, IL
618-242-4222

Our Thyme On Earth

Mary C Chamblin
Louisville, KY
502-533-5793

Peek's Hand Painted China

Martha Peek
Centralia, IL
618-533-1559

Pocket Change

Ron McCollom
Mulkeytown, IL
618-596-6325

Pokorney's Kettle Korn & Crafts

Stan & Rita Pokorney
Wayne City, IL
618-895-2824

Ralphine Loss

Mt. Vernon, IL
618-315-3571

Sisel

Sarah Hostetler & Lena Barntreger
Belle Rive, IL
618-756-2334

Soule's Greenhouse

Kendra Soule
Mt Vernon, IL
618-231-8380

Wilson's Gourds & More

Paul & Karen Wilson
Kell, IL
618-822-6959

Windy Acres Greenhouse

Chester Yoder
Belle Rive, IL
618-796-2710

Windy Pines Natural Herb Farm

Garry Garrod
Texico, IL
779-279-1400

Midwestern Herb and Garden Show Members Booth

Co-Chair: *Craig Colclasure*

....And more! Vendor list subject to change.

Food Concessions:

Friday & Saturday:

PAPA Knocks Smoke Shop

**Desserts:**

Amish donuts & baked goods

Celebrating the 35th Annual Herb and Garden Show

Featured Speakers

Steve and Regina Garr



Steve & Regina Garr are the owners of Birds-I-View wild bird and nature store and have spent many years committed to helping others enjoy and learn more about the Native Wild Birds that can visit their "space". They have been presenting

programs on attracting Backyard Wildlife for decades, with a special emphasis on attracting desirable wildlife to almost any setting! Birds-I-View helps to support many conservation organizations and Steve & Regina are avid backyard birders who have made it a point to be involved in all aspects of creating a backyard habitat for wildlife. Steve spent nearly nine years as a columnist for the Nature Society News, and he and Regina have co-founded two separate state Bluebird Societies.

Chef Jeff Fairbanks

Chef Jeff Fairbanks: A Southern Illinois native who enjoys Cooking and Gardening.

60 years old with Kitchen experience since 1981.

I live in Christopher, IL. With my wife. I have two adult children.

Culinary Instructor for Rend Lake College

14+ years.



MT. VERNON
ILLINOIS
Tourism

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illinois

Don't miss one of the largest garden events in the Midwest!!

Classes and seminars featuring Holly Tuten on Saturday.

12 FREE CLASSES IN ALL!

Take a stroll through the mall and visit our vendors. Take home fresh herbs, plants, garden art, fragrances, gourds, books, seeds, herbal products, and so much more!

Please contact Mt. Vernon Tourism for lodging and dining information and directions to the show at 618-242-3151.

See you there Garden Friend!

Sponsored by:

Mt. Vernon Tourism

2025 Midwestern Herb and Garden Show

Sponsored by:

The Herb & Garden Club
Times Square Mall
and
Mt. Vernon Tourism

Show Hours:
Friday and Saturday
10 a.m. - 8 p.m.

618-242-3151
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midwesternherbshow@gmail.com